



## **3-5 yrs Checklist!**

### **START**

START setting some boundaries now – it's never too early to do things like set limits for the amount of time they can spend on the computer.

### **KEEP**

KEEP devices like your mobile out of reach and make sure you have passwords/PINs set up on them for the times you might lend them to your child... or for when they simply get hold of them themselves!

### **CHECK**

CHECK the age ratings and descriptions on apps, games, online TV and films before downloading them and allowing your son or daughter to play with or watch them.

### **EXPLAIN**

EXPLAIN your technology rules to grandparents, babysitters and the parents of your child's friends so that they also stick to them when they're looking after your child.

### **REMEMBER**

REMEMBER that public Wi-Fi (e.g. in cafés) might not have Parental Controls on it – so, if you hand over your iPad to your child while you're having a coffee, they might be able to access more than you bargained for.

### **SET**

SET the homepage on your family computer or tablet to an appropriate website like Cbeebies.